



Genetic Association of Angiotensin-converting enzyme 2 ACE-2 (rs2285666) Polymorphism with the Susceptibility of COVID-19 Disease in Iraqi Patients

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ABSTRACT

Significant risks to human health are posed by the 2019 coronavirus illness (COVID-19). SARS coronavirus type 2 receptor, also known as the major enzyme in the renin-angiotensin system (RAS), angiotensin-converting enzyme 2 (ACE-2), connects COVID-19 and RAS. This study was conducted with the intention of determining whether or not RAS gene polymorphisms and ACE-2 (G8790A) play a part in the process of predicting susceptibility to infection with COVID-19. In this study 127 participants, 67 of whom were deemed by a physician to be in a severe state of illness, and 60 of whom were categorized as "healthy controls". The genetic study included an extraction of genomic DNA from blood samples of each covid 19 patients and healthy controls, then amplification the site of SNP (rs2285666) Within the ACE2 gene by using specific primers, sequencing PCR products, and genotyping to detect the role of the ACE-2 gene (rs2285666) in the incidence of COVID-19. ACE-2 (rs2285666) is statistically associated to COVID-19. The COVID-19 group had 65.67 %of individuals with the wild-type homozygous genotype (GG) and 20% in the control group, while the control group had 63.33% of individuals with the mutant genotype (AA). Consequently, the wild-type homozygous (GG) and allele (G) may be considered a risk factor (etiological fraction E. F) for COVID-19 in Iraqi patients, whereas the mutant homozygous (AA) and allele (A) may be considered a protective factor (preventive fraction). The findings of the present study reveal that carriers of the GG genotype of ACE2 (rs2285666) are substantially more susceptible to COVID-19.

Keywords: SARS-CoV-2; Coronavirus; Angiotensin receptors; Single Nucleotide Polymorphism

Introduction

The group of viruses known as coronaviruses causes a number of illnesses, including those that affect the respiratory and digestive systems. It is a member of the viral family and has the potential to infect both mammalian and avian hosts, causing sickness in both. The virus is a unique coronavirus that has been referred to in the past as "Corona Virus Disease 2019" It has the potential to produce a pandemic that affects people all over the world (2019-nC).¹ This infection can produce a disorder that was formerly referred to as severe acute respiratory SARS-CoV-2, but is now more often known as coronavirus illness 2019 (COVID-19). Because of this, the renin-angiotensin system, more commonly called the RAS, is being looked at as a possible therapy target for COVID-19.² Both are linked to the protein angiotensin-converting enzyme 2 receptor, or ACE-2 for short. ACE-2 is short for angiotensin converting enzyme 2, a type of receptor. Additionally, ACE-2 is used by the SARS-causing coronavirus as a functional receptor in the respiratory tract, where it promotes infection and cell fusion.^{3,4} Lung alveolar epithelial cells may express the ACE-2 enzyme, which has role in the retinoic acid signaling pathway.

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The entry of virus into the lungs occurs through these cells.⁵ In order to accomplish this objective, ACE-2 acts as a receptor for the COVID-19 virus, which paves the way for the virus to enter cells and spread throughout the body. The ACE-2 protein acts as a receptor for the SARS-CoV-2 virus, which paves the way for the virus to infect host cells.⁶ There have been around 140 single nucleotide polymorphism (SNP) sites discovered in the human genome that are related with the ACE-2 gene. These loci can be found across the human genome. This gene has several variations.⁷ The ACE-2 gene takes up a total of 21 kilobytes of space and may be found on chromosome 17q23.3. It consists of 26 exons and 25 introns in its make-up. Exon 26 is responsible for encoding the membrane-anchoring domain of the ACE protein, and this domain is necessary for the ACE protein to carry out its activity. The presence of the variant G8790A (rs2285666) on chromosome Xp22 in intron 3 of the ACE-2 gene demonstrates that this variant has the potential to change mRNA splicing and, as a consequence, ACE-2 gene expression. On the ACE-2 gene, this SNP was found to be a functional variant, making it one of the SNPs that were discovered there.⁸

The current study hypothesized that there is association between genetic polymorphism ACE2 (rs2285666) with the susceptibility of Coronaviruses in Iraqi patients and risk of SARS-CoV-2 infection.

Materials and Methods

Study groups

At the Al-Kindi hospital in Iraq, 67 different patients were being treated at the time when blood samples were collected from those patients. The investigation was carried out during the months of February and May of the year 2021, which was the same year. Between those two months

was the window of opportunity for doing the research. There were people in the group ranging in age from 25 all the way up to 70 years old. As controls for the experiment, there were a total of sixty people involved. These people ranged in age from 28 to 70 years old and were all regarded to be in good health. We obtained patient names, ages, heights, weights, body mass indexes, medications, and chronic conditions from the hospital, as well as demographic data such as heights and weights (T2DM and Hypertension).

Ethical approval

All of the procedures were carried out in accordance with what the research committee of either the institution or the country had declared to be acceptable methods of treatment, recording, and reporting of results. The approval code for this study is NMB-A345, and it has been assigned.

Extraction of DNA from blood samples

Whole blood samples were taken from both patients and controls, and then processed with the Presto™ Mini gDNA Kit in order to extract

the individuals' respective DNA (Geneaid). A NanoDrop spectrophotometer was utilized for the aim of determining the DNA's concentration as well as the amount of purity it possessed. Gel electrophoresis was ultimately chosen since it was the most effective method for verifying the DNA's genuineness.

Identification of single nucleotide polymorphisms

In order to determine the identity of ACE-2, we performed amplification of the flanking areas by means of polymerase chain reaction (PCR), in conjunction with direct sequencing (rs2285666). The Bioneer Company in Korea was in charge of carrying out the DNA sequencing, and they used purified PCR products as the starting material for their analysis. Table 1 contains a list of the primer sequences that were utilized in this investigation, as well as the amplification conditions that were utilized.

Statistical analysis

In order to carry out the statistical analysis on the collected data, the software program known as SPSS 20.0 was utilized (IBM SPSS Statistics, SPSS Inc., Chicago, Illinois, USA).

Table 1: The sequences of the primers

Polymorphism	Primer sequence (5'-3')	TA (°C)	Reference
G8790A (rs2285666)	F-TTCTCCCTGCTCCTATACTACCG	60	9
	R-TTCATTCATGTCCTTGCCCTTA		

Results and Discussion

PCR and DNA sequencing were used in the investigation of patient samples from Iraqi individuals in order to determine whether or not there was a correlation between ACE-2 gene polymorphism (rs2285666) and COVID-19 susceptibility. The goal of the investigation was to determine whether or not there was a correlation between the two.

Demographic and clinical characteristics of participants

In the current case-control analysis, we compared 67 persons with severe COVID-19 infection to 60 people who appeared to be healthy controls. This comparison was made using a case-control design. The clinical presentation of the patient, as well as the results of a positive PCR test, established the diagnosis of COVID-19 in accordance with WHO criteria. In Table 2, we can see some of the anthropometric information, such as BMI and age, of both COVID-19 patients and healthy controls. The controls were individuals who did not have the disease. According to the findings of the study, which showed a ratio of 50.7% women to 49.2% males, there were approximately the same number of women as there were men among the total of 127 participants. Age, gender, race, obesity, hypertension, diabetes, and geographic location are only few of the many factors that are known to increase a person's likelihood of becoming infected with this coronavirus. Other risk factors include.¹⁰ Even while there was not a significant correlation between gender and the frequency of COVID-19 disease; But, earlier study has shown that men had a significantly higher chance of acquiring severe COVID-19 disease.¹¹⁻¹³ In addition, samples were collected from participants ranging in age from 25 to 49 years old as well as from 50 years old all the way up to 78 years old. Those under the age of 30 have a significantly reduced risk of having COVID-19, whereas patients above the age of 30 have a significantly increased risk. When compared to people in their later years, adults who are in the middle years of their lives have a lesser risk of having serious diseases.¹⁴ According to the data collected, the vast majority of individuals diagnosed with COVID-19 are classified as either obese (46%) or overweight (34%), with the latter category coming in second. In Iraqi patients, it was found that COVID-19 was linked to the development of diabetes mellitus, hypertension, and renal disease. Patients with COVID-19 had a higher prevalence of type 2 diabetes (60%) and hypertension (67%), both of which are more prevalent in the COVID-19 group than in the control group (33%). Patients with COVID-19 also had a higher prevalence of cardiovascular disease

(80%). The effect that COVID-19 has on the lungs, the possible threat that it poses to the heart, and its propensity to create a surge in blood glucose levels are probably the cause of health concerns such as disseminated intravascular coagulation and deep vein thrombosis.¹⁵ These data indicate that diabetic patients with COVID-19 had considerably greater rates of severe infection and case fatality than those without diabetes. COVID-19 people with type 2 diabetes mellitus (T2DM) are at increased risk for developing a life-threatening infection and for dying from their illness. Researchers believe that overactive renin-angiotensin systems may be at the root of the illness. Angiotensin-converting enzyme inhibitors, also known as ACEIs, and angiotensin receptor blockers, often known as ARBs, are two popular types of diabetic drugs that are prescribed to people who have type 2 diabetes (ARBs). There is a correlation between these two parameters and higher ACE-2 expression in tissues, which, in turn, enhances viral absorption and raises the risk of life-threatening infection in type 2 diabetics.¹⁶ Multiple studies have shown that adults with proven SARS-CoV-2 infection are more likely to die if they are older and have health problems like high blood pressure, diabetes, and heart disease.^{17,18} According to the data, hypertension, diabetes, and COVID-19 were found to be prevalent in persons at rates of 21, 11, and 7%, respectively. The researchers found that patients with COVID-19 had a prevalence of 17, 8, and 5%, respectively, for hypertension, diabetes, and COVID-19 in a different study that was carried out by¹⁹. This study indicated that patients with COVID-19 had COVID-19. Diabetes was shown to be associated to 58.0% of those patients who had COVID-19, according to the findings of a study that involved 24 patients from the United States.¹⁸

Frequency and distribution of ACE-2 gene polymorphism and susceptibility to COVID-19

The purity of the extracted DNA ranged from 1.7 to 1.8, with 1.75 being the most common value, while the concentration of the DNA ranged from 12.5-170 ng/L, with 58.81 ng/L being the average value. The purity of the DNA that was isolated is illustrated in Figure 1. The statistical analysis of the genotype frequency distribution for the rs2285666 gene revealed the presence of two alleles, G and A. It also revealed the presence of three genotypes, with GG representing the wild-type genotype, GA representing the mutant heterozygote genotype, and AA representing the mutant homozygote genotype. The genotype and allelic distribution of the ACE-2 gene polymorphism are presented in detail in Tables 3 and 4, as well as Figures 2 and 3, respectively. According to Table 3 and Figure 2, the genotype (GG) was

found in 65.67% of the COVID-19 group while only 20% of the control group had it. On the other hand, the mutant homozygous (AA) was found in 11.9% of the COVID-19 group while 63.3% of the control group had it. There is evidence to suggest that ACE-2 (rs2285666) and COVID-19 are related to one another. This link is corroborated by statistics. In addition, the wild-type homozygous (GG) and allele (G) may be considered a risk factor (etiological fraction E. F) for COVID-19 in Iraqi patients, whereas the mutant homozygous (AA) and allele (A) may be considered a protective factor. This may be due to the fact that the wild-type homozygous (GG) and allele (G) have a higher frequency of the disease. This is due to the fact that both the wild-type homozygous and the allele (G) are linked to an increased risk of acquiring COVID-19 (preventive fraction).

In the current investigation, it was discovered that the wild-type genotype and the G allele were considerably connected with the

prevalence of SARS-CoV-2 infection as well as the risk of contracting the virus. These findings are consistent with those discovered in earlier research carried out on populations of both Indian and Caucasian ancestry.^{20,21} This study's findings are congruent with those of a previous one that linked ACE2 (rs2285666) to the rate of COVID-19 infection.²² According to Table 4 and Figure 3, the percentage of patients with COVID-19 who had a G allele frequency was significantly higher (73.88%) than that of controls (51.67%). According to the findings, the G allele, which was linked to a more severe form of COVID-19 disease, represented the etiological part of the disease (EF). On the other hand, it was shown that the A allele, which was more common in healthy controls (48.33%) than in COVID-19 patients (26.12%), represented the protective EF gene.

Table 2: Anthropometric indices of COVID-19 patients and control groups.

Variables		Covid 19 Patients (n=67)	Control (n=60)
Gender	Male	34 (50.75%)	36 (60%)
	Female	33 (49.25%)	24 (40%)
Age (Years)	(25-49)	28 (42%)	38 (63%)
	(50- >70)	39 (58%)	22 (37%)
BMI (Kg/m ²)	Normal (18.5-24.9)	13 (20%)	23 (38%)
	Overweight (25-30)	23 (34%)	21 (35%)
	Obese (>30)	31 (46%)	16 (27%)
T2DM	Yes	40 (60%)	20 (33%)
	No	27 (40%)	40 (67%)
Hypertension	Yes	45 (67%)	22 (37%)
	No	22 (33%)	38 (63%)

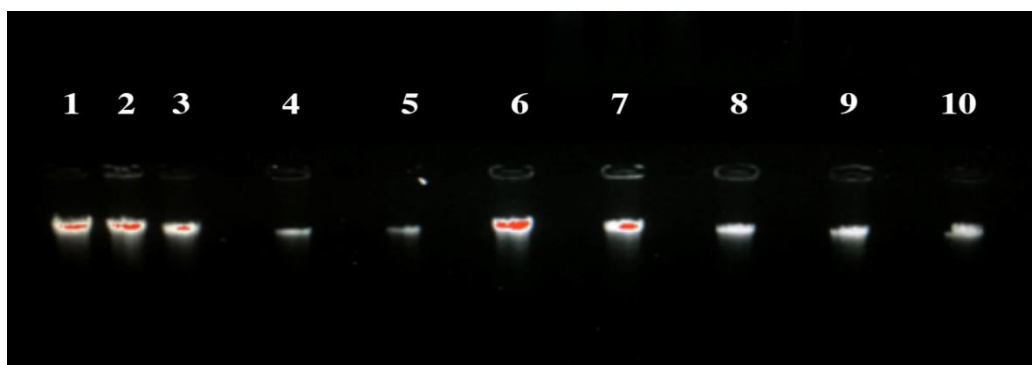


Figure 1: Electrophoresis of human genomic DNA on agarose gel (1%) at (70V/cm) for 30 min.

Both ACE and ACE-2 are responsible for a variety of different physiological processes in the body. When the ratio of ACE to ACE-2 increases, cross-models of ACE and ACE-2 genotypes have the potential to exacerbate COVID-19 by causing a RAS imbalance. This is because RAS has been linked to the development of a variety of diseases, including those that impact the cardiovascular system, the pulmonary system, and diabetes.²³⁻²⁷ Numerous studies have been conducted on ACE-2, and as a result of those studies, a variety of SNPs that could be involved in COVID-19 have been discovered.^{9,25-30} To the best of our knowledge, this work is the first publication on the frequency distribution of the rs2285666 genotype in the Iraqi population as well as its link to COVID-19. The country of Iraq served as the location for the research. On the other side, having a small sample size increases the

likelihood that the conclusions of the study would be inconsistent and difficult to understand. An increase in the size of the sample will provide results that are easier to distinguish in terms of the effect that the ACE-2 gene has on COVID-19. The molecular approach was used to diagnose many pathogens, including : *Proteus vulgaris*,^{31,32} *Clostridium perfringens*,³³ *Staphylococcus aureus*,^{34,35,36} *Brucella melitensis*,³⁷ *Pseudomonas spp*,³⁸ *Toxoplasma spp*^{39,40} and SARS-Cov-2.^{41,42} Also, Chronic Myeloid Leukemia,⁴³ Adenocarcinoma,^{44,45} and another cancers⁴⁶, were considered severe genetic illnesses and diagnostic by PCR was suggested. On other hand, the CT chest patterns were consider in COVID-19 diagnosis in some local studies.^{47,48}

Table 3: Genetic distribution of ACE-2 polymorphism in the COVID-19 against the healthy control groups

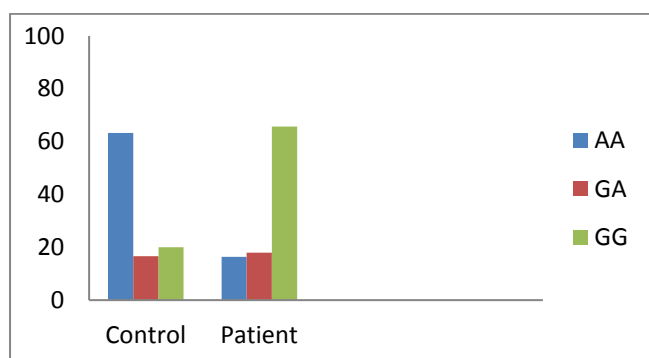
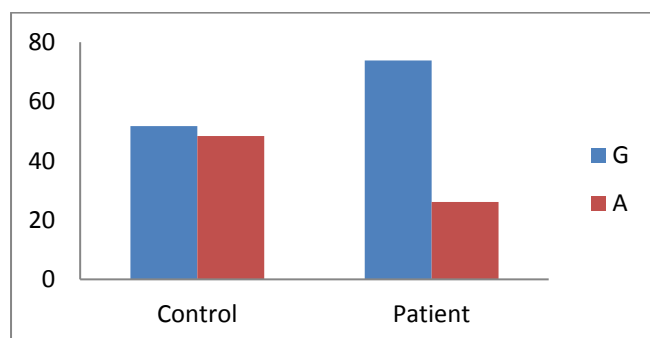
Gene	Genotype	Control (60)	Patients (67)	OR (95%CI)	P value	
ACE2		(%)	(%)			
	rs2285666	AA	(%63.33)38	(%11.9)8	3.3; 1.8–18.8	*0.000*
		P. F		%56.1		
		GA	(%16.67) 10	(%22.38)15	1.2; 0.55–5.0	0.565
		E. F		%1.5		
	GG	(%20)12	(%65.67)44	3.2; 1.8–18.5		
	E. F		%57.1		0.000**	

OR: Odds ratio; CI: Confidence intervals; P.F: Preventive faction; E.F: Etiological faction;
*: Significant difference at P<0.05 probability level using test Fisher's test.

Table 4: Distribution of allelic frequency within the locus rs2285666 of ACE-2 gene between the patient and healthy groups

Gene ACE2	Allele	Control (60)	Patients (67)	OR (95% CI)	P- value	
rs2285666		(%)	(%)			
		G	(% 51.67)31	(% 73.88)49	2.65)4.98-1.41	
		E.F		%46		** 0.002
		A	(% 48.33)29	(% 26.12)18	(0.71-0.20) 0.38	
	P.F		% 30.1			

OR: Odds ratio; CI: Confidence intervals; P.F: Preventive faction; E.F: Etiological faction;
*: Significant difference at P<0.05 probability level using test Fisher's test.

**Figure 2:** Comparison between the distributions of genotype within the locus rs2285666 of ACE-2 gene between patient and healthy groups.**Figure 3:** Comparison between the distributions of allelic frequency within the locus rs2285666 of the ACE-2 gene between the patient and healthy groups.

Conclusion

Based on the results of this study, the ACE-2 receptor SNP variant called rs2285666 is a factor that makes Iraqi patients more likely to get

COVID-19. These results support the idea that having a copy of the ACE-2 gene makes it more likely that someone will get COVID-19.

Conflict of Interest

The authors declare no conflict of interest.

Authors' Declaration

The authors hereby declare that the work presented in this article is original and that any liability for claims relating to the content of this article will be borne by them.

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